

PANTHER PAWPRINTS

“EXCELLENCE THROUGH CARING”

APRIL, MAY, & JUNE EDITION

Principal's Message



Thomas J. Schroeder
Principal

Vicki Flournoy
Assistant Principal

Our mission at Margate Elementary School is to create a nurturing environment so that our students will become independent, successful, life-long learners by providing a high quality, differentiated, and innovative curriculum based on the Sunshine State Standards.

6300 NW 18th Street
Margate, FL 33063

Phone Number:
754-322-6900

Dear Margate Families:

It is hard to believe that we are in the final quarter of this school year. The year has certainly gone incredibly quickly and we still have much to accomplish. It is vitally important that we all work collaboratively to help support our panthers by continuing our well-established school-wide routines. We are so grateful to have the most active parents and thank you for continuing to support your children by assisting with homework, reading each evening for 30 minutes and utilizing our at-home technology based programs.

This month, we are fully immersed in the testing season for our intermediate students. Our third grade students have completed all of their FSA Assessments. Our fourth grade and fifth grade students will be testing throughout this month in both English Language Arts/Reading and Mathematics. These assessments will be completely electronic on the computer and our students have prepared well for this type of platform. Additionally, our fifth grade students will participate in Science assessments, which are paper based. If you have any questions regarding our FSA testing administration, please contact your child's teacher or the welcome center. Additionally, we have posted the day by day FSA Administration schedule on our website. Most importantly, we want our boys and girls to know that our only expectation for them regarding assessments is to do their best. We know they will achieve success when they believe in themselves.

Social media is important to share information, updates, and news. Please make sure to like our school Facebook page and our Twitter account. To find our twitter page, you can click on our school website or search for



[Margate Elem School](http://MargateElemSchool) or [@MargateElem](https://www.facebook.com/MargateElem). Additionally, our PTA has an incredible Facebook closed-group page. Please request to join the page so that you can receive up-to-the minute updates. As always, please visit our school's website for the most recent updates. www.margateelementary.net

Please save the date for some important end-of-the-year family events. Our school will participate in a zone parent resource fair on Tuesday, May 8th starting at 6:00 p.m. at Coconut Creek High School. It will offer a variety of break-out sessions and resources designed to help you meet the social/emotional needs of your children. Our Panther Pride Singers will be performing and it promises to a great evening full of fantastic information. Some additional important dates for upcoming events include: Our Final Kindergarten Round-Up/Orientation on Thursday, May 18th, Our Spring Choral Concert on Thursday, May 18th and finally Our Panther Pride Showcase/Multi-Cultural Showcase on Thursday, May 25th.

Please help us show our appreciation for the outstanding and dedicated faculty and staff here at Margate Elementary during Teacher and Staff Appreciation Week which begins on Monday, May 1st. Our school is outstanding thanks to the efforts of the best staff, students, parents, and community in the world.

Have an incredible rest of the quarter!

Thomas J. Schroeder, Principal

School Website: www.margateelementary.net

The School Board of Broward County, Florida, Prohibits any Policy or Procedure Which Results in Discrimination on the Basis of Age, Color, Disability, Gender, National Origin, Marital Status, Race, Religion or Sexual Orientation.

April , May, & June Events

Tuesday, 4/25 - Wednesday, 4/26/17

5th Grade FSA - ELA Reading
Computer-based

Thursday, 4/27 - Friday, 4/28/17

4th Grade FSA - ELA Reading
Computer-based

Friday, 4/28/17

April Birthday Party
(1:15 p.m. - Cafeteria)

Monday, 5/1-Friday, 5/5/17

TEACHER AND STAFF APPRECIATION WEEK

Monday, 5/1/17

4th Grade Recognition Assembly - 8:30 a.m.

Tuesday, 5/2 - Wednesday, 5/3/17

5th Grade FCAT - Science
Paper-based

Thursday, 5/4 - Friday, 5/5/17

4th Grade FSA - Mathematics
Computer-based

Tuesday, 5/9 - Wednesday, 5/10/17

5th Grade FSA - Mathematics
Computer-based

Thursday, 5/11/2017

Title I Parent Workshop: Summer Games

Horizon Elementary - 6:00 p.m.

(Every parent will walk away with a game that can be used at home with their child.)

Thursday, 5/18/17

Mayor's Fitness Challenge

Kindergarten Round-up - 6:00 p.m.

Spring Show - 6:45 p.m.

Friday, 5/19/17

May Birthday Party

(1:15 p.m. - Cafeteria)

Monday, 5/22 - Wednesday, 5/31/17

Book Fair

Tuesday, 5/23/17

Kindergarten Recognition Assembly-8:30 a.m.

1st Grade Recognition Assembly - 9:15 a.m.

Friday, 5/26/17

Marty Carnival

Monday, 5/29/17

NO SCHOOL (Memorial Day)

Tuesday, 5/30/17

Volunteer Breakfast

Wednesday, 5/31/17

2nd Grade Recognition Assembly - 8:30 a.m.

Thursday, 6/1/17

3rd Grade Recognition Assembly - 8:30 a.m.

4th Grade Recognition Assembly - 9:15 a.m.

Friday, 6/2/17

Pre-K & VPK Moving-up Program- 8:15 a.m.

5th Grade Pool Party - 9:15 a.m.

Tuesday, 6/6/17

5th Grade Recognition Assembly - 8:30 a.m.

Wednesday, 6/7/17

Principal's Honor Roll Breakfast - 8:30 a.m.

Thursday, 6/8/17

Early Release

LAST DAY OF SCHOOL

Family Newsletter

Dear Parent:

Tolerance is the character trait or the month of April. This newsletter offers you activities and ideas, which will assist you with helping your child to understand the importance of tolerance. Talking together about tolerance and respect helps kids learn more about the values you want them to have. Giving them opportunities to play and work with others is important as well. This lets kids learn first hand that everyone has something to contribute and to experience differences and similarities.

Ideas to Do as a Family

Things parents can do to help kids learn tolerance include:

- Notice your own attitudes. Parents who want to help their kids value diversity can be sensitive to cultural stereotypes they may have learned and make an effort to correct them. Demonstrate an attitude of respect for others.
- Remember that kids are always listening. Be aware of the way you talk about people who are different from yourself. Do not make jokes that perpetuate stereotypes. Although some of these might seem like harmless fun, they can undo attitudes of tolerance and respect.
- Select books, toys, music, art, and videos carefully. Keep in mind the powerful effect the media and pop culture have on shaping attitudes.
- Point out and talk about unfair stereotypes that may be portrayed in the media.
- Answer kids' questions about differences honestly and respectfully. This teaches that it is acceptable to notice and discuss differences as long as it is done with respect.



Character Education: Elementary

April



Diversity, Prevention & Intervention
Lauderdale Manors Early Learning &
Resource Center
1400 NW 14th Court
Fort Lauderdale, FL 33311
(754) 321-1655
Fax: (754) 321-1691

www.browardprevention.org

Email:

Kimberly.Young@browardschools.com

Character Check

- Remember that tolerance does not mean tolerating unacceptable behavior. It means that everyone deserves to be treated with respect – and should treat others with respect as well.
- Help your children feel good about themselves. Kids who feel badly about themselves often treat others badly. Kids with strong self-esteem value and respect themselves and are more likely to treat others with respect, too. Help your child to feel accepted, respected, and valued.
- Learn together about holiday and religious celebrations that are not part of your own tradition.
- Honor your family's traditions and teach them to your kids – and to someone outside the family who wants to learn about the diversity *you* have to offer.

Tips for Preventing the Summer Slide



Studies show that children who do not read or have access to books during the summer lose up to 2 months of reading performance. Those losses accumulate during the elementary school years so that by the time a child enters middle school he/she may be 2 1/2 years behind! All children, whether from low, middle or upper income families, may fall victim to the "summer slide" if not provided with summer reading opportunities. So how do we prevent the summer slide-or even accelerate reading growth? Here are a few ideas:

- 1** Visit your local library! Help your child find "right fit" books. Right fit books are books that are of high interest to your child and are not beyond their reading level. You can use the five finger test to determine if the book is too difficult for your child. Open the book to a page with many words. Have your child begin reading the text. Hold up a finger for each word he/she does not know. If you have 4 or 5 fingers up, the text may be too difficult for your child to read independently. Feel free to still check out the book! It just may be a book you want to read with your child.
- 2** Be sure your child reads at least 20 minutes a day. According to research, a child who reads only 1 minute a day outside of school will learn 8,000 words by the end of sixth grade where a student who reads 20 minutes outside of school will learn 1,800,000 words! That's huge! If reading isn't one of your child's top priorities, you may need to set up an incentive program.
- 3** Set a good example. When your child sees you reading and enjoying a book or a newspaper article, you are sending a message that reading is important and valuable.
- 4** Read to your child. When you read to your child, he/she hears the rhythm of language. Be sure to read with expression! Changing your voice for different characters and increasing your volume during exciting parts are only a few ways to keep children engaged.
- 5** Read with your child –explore different types of reading such as poetry. For our little ones, poetry is a great way to improve phonemic awareness skills as poetry often incorporates rhyme. For our older children, poetry is a means of improving fluency.
- 6** Read for different purposes. Reading directions for a recipe or directions for assembling a toy are fun ways of incorporating reading into everyday activities.
- 7** Play games with words. Commercial games such as Apples to Apples improves vocabulary. You can easily turn a game of hopscotch or 4 square into a game that incorporates learning letters or sight words. Be sure to check out the "8 Super Summer Sight Word Activities" on the Make, Take & Teach blog.
- 8** If you have access to an iPad, there are tons of interactive books and apps that address phonics and early reading skills. There are also many websites that offer free reading related games.

Have a happy and healthy summer! Be sure to read, read and read some more! Not only can we prevent the summer slide, we can accelerate reading growth.



April 2017

Breakfast Prices Adult (includes beverage): \$1.80

Elementary Schools Breakfast

MONDAY

3

- Cinnamon French Toast Sticks
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Chilled Applesauce
- Florida Orange Juice

10

No School

17

- Cinnamon French Toast Sticks
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Frozen Fruit Pearls
- Florida Orange Juice

24

- Cinnamon French Toast Sticks
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Chilled Applesauce
- Florida Orange Juice

TUESDAY

4

- Pork Sausage Patty
- Hard Boiled Egg
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Strawberry Cup
- Fresh Fruit

11

No School

18

- Pork Sausage Patty
- Hard Boiled Egg
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Strawberry Cup
- Raisins

25

- Pork Sausage Patty
- Hard Boiled Egg
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Strawberry Cup
- Fresh Fruit

WEDNESDAY

5

- Canadian Bacon Egg & Cheese on Croissant Roll
- Yogurt Parfait with Fruit
- Mini Orange Loaf
- Chilled Pears
- Chilled Pineapple

12

No School

19

- Mini Maple Waffles
- Yogurt Parfait with Fruit
- Nutrigrain Bar Strawberry
- Chilled Pears
- Fresh Fruit

26

- Mini Maple Pancakes
- Yogurt Parfait with Fruit
- Mini Orange Loaf
- Chilled Pears
- Chilled Pineapple

THURSDAY

6

- Chicken and Waffle Bites
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Crispy Baked Hash Browns
- Apricots
- Apple Juice

13

No School

20

- Mini Chicken Breast Filet
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Crispy Baked Hash Browns
- Mandarin Oranges Canned
- Apple Juice

27

- Mini Chicken Breast Filet
- Flavored Yogurt Cup
- Crispy Baked Hash Browns
- Honey Wheat Biscuit
- Apricots
- Apple Juice

FRIDAY

7

- Pork Sausage Pancake on a Stick
- Flavored Yogurt Cup
- Super Star Cinnamon
- Chilled Peaches
- Strawberry Flavored Cranberries

14

No School

21

- Veggie Mini Slider
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Chilled Peaches
- Strawberry Flavored Cranberries

28

- Turkey Ham and Cheese on a Hawaiian Bun
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Chilled Peaches
- Strawberry Flavored Cranberries

Available Daily: Jelly , Milk Variety Breakfast , Assorted Cereal Bowl

More Details: <http://browardschools.nutrislice.com/menu/elementary/breakfast/>

Layout, design & code © Nutrislice, Inc. Private and non-commercial uses permitted.

This Institution is an equal opportunity provider.



Broward County Public Schools
600 SE Third Ave | Ft. Lauderdale, FL 33301 | ☎ 754-321-0000 | 🌐 browardschools

April 2017

Lunch Prices Elementary Students : \$2.00 Middle School Students: \$2.35 High School: \$2.50 Adult: \$2.75

Elementary Schools Lunch

MONDAY

3

- Cheese Pizza Slice
- Mini Egg Rolls
- Egg & Cheese Salad w Garden Greens
- Vegan Salad With Beans
- Fresh Baby Carrots
- Steamed Broccoli
- Frozen Fruit Pearls
- Fresh Fruit

10

No School

17

- Cheesy Chicken Flat Bread
- Asian Egg Roll
- Mango Swirl Juice
- Steamed Spinach
- Chilled Applesauce
- Chilled Fruit Slush

24

- Personal Pan Cheese Pizza
- Beef Teriyaki Dippers Over Brown Rice
- Tuna Salad on Bun
- Egg & Cheese Salad w Garden Greens
- Vegan Salad With Beans
- Wheat Roll
- Fresh Carrots Baby
- Steamed Broccoli
- Strawberry Cup
- Fresh Fruit

TUESDAY

4

- French Toast Sandwich
- Mini Chicken Breast Filet
- Honey Wheat Biscuit
- Roasted Sunflower Seeds and Cheese w Garden Greens
- Vegan Salad With Beans
- Strawberry Banana Swirl Juice
- Deli Roasted Potatoes
- Side Kicks Frozen Dessert
- Fresh Fruit

11

No School

18

- Chicken Bites
- Latin Style Black Beans w/Brown Rice
- Yogurt Parfait with Fruit
- Roasted Sunflower Seeds and Cheese w Garden Greens
- Vegan Salad With Beans
- Heartzels
- Edamame Blend
- Sweet Potato Souffle
- Salsa Cup
- Blue Raspberry Juice
- Frozen Whole Fruit Cup

25

- Chicken Nuggets
- Cheeseburger Sliders
- Roasted Sunflower Seeds and Cheese w Garden Greens
- Vegan Salad With Beans
- Belly Bear Crackers
- Fresh Mini Sweet Peppers
- Waffle Sweet Potato
- Green Apple Juice
- Fresh Fruit

WEDNESDAY

5

- Beef Hot Dog on a Bun
- Cuban Sandwich
- Mandarin Chicken Salad
- Vegan Salad With Beans
- Vegetarian Baked Beans
- Golden Potato Smiles
- Chilled Mixed Fruit
- Fresh Fruit

12

No School

19

- Cheeseburger
- Bean & Cheese Burrito
- Asian Kale Chicken Salad
- Vegan Salad With Beans
- Deli Roasted Potatoes
- Vegetarian Baked Beans
- Chilled Mixed Fruit
- Fresh Fruit

26

- Macaroni and Cheese
- Jamaican Beef Patty
- Mandarin Chicken Salad
- Vegan Salad With Beans
- Fresh Sliced Cucumbers
- Collard Greens
- Chilled Mixed Fruit
- Fresh Fruit

THURSDAY

6

- Beef Nachos w/ Cheese
- Refried Bean Nachos
- Deli Turkey Ham and Cheese Wrap
- Chef Salad
- Vegan Salad With Beans
- Steamed Corn
- Refried Beans
- Salsa Cup
- Chilled Peaches
- Fresh Fruit

13

No School

20

- Spaghetti & Meat Sauce
- Deli Turkey Ham and Cheese Wrap
- Chef Salad
- Vegan Salad With Beans
- Wheat Roll
- Fresh Sliced Cucumbers
- Steamed Broccoli
- Chilled Pineapple
- Fresh Fruit

27

- Beef Tacos
- Deli Turkey Ham and Cheese Wrap
- Latin Style Black Beans w/Brown Rice
- Chef Salad
- Vegan Salad With Beans
- Steamed Corn
- Latin Style Black Beans
- Salsa Cup
- Peaches Frz Cup
- Fresh Fruit

FRIDAY

7

- Chicken Smackers
- Mozzarella Cheese Sticks
- Yogurt & Sunflower Seeds Platter
- Yogurt & Cheese Platter
- Vegan Salad With Beans
- Chocolate Chip Crisps
- Marinara Cup
- Sweet Potato Wedges
- Farm Fresh Green Beans
- Grape Juice
- Fresh Fruit

14

No School

21

- Rainbow Trout on Bun
- Boneless Chicken Wings
- Yogurt & Sunflower Seeds Platter
- Yogurt & Cheese Platter
- Vegan Salad With Beans
- Smart Cookie Presidents
- Waffle Sweet Potato
- Farm Fresh Corn Cobettes
- Fruit Juice Blend
- Fresh Fruit

28

- Chicken Filet Sandwich
- Mozzarella Filled Pizza Stick
- Yogurt & Sunflower Seeds Platter
- Yogurt & Cheese Platter
- Vegan Salad With Beans
- Golden Potato Smiles
- Marinara Cup
- Farm Fresh Green Beans
- Grape Juice
- Fresh Fruit

Available Daily: Mustard Packet , Ketchup Pkts. , Mayonnaise Packet , Milk Variety Lunch

More Details: <http://browardschools.nutrislice.com/menu/elementary/lunch/>

Layout, design & code © Nutrislice, Inc. Private and non-commercial uses permitted.

This Institution is an equal opportunity provider.



Broward County Public Schools
600 SE Third Ave | Ft. Lauderdale, FL 33301 | ☎ 754-321-0000 | 🌐 browardschools

May 2017

Breakfast Prices Adult (includes beverage): \$1.80

Elementary Schools Breakfast

MONDAY

1

- Cinnamon French Toast Sticks
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Chilled Applesauce
- Florida Orange Juice

8

- Cinnamon French Toast Sticks
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Chilled Applesauce
- Florida Orange Juice

15

- Cinnamon French Toast Sticks
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Chilled Applesauce
- Florida Orange Juice

22

29

No School

TUESDAY

2

- Pork Sausage Patty
- Hard Boiled Egg
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Strawberry Cup
- Fresh Fruit

9

- Pork Sausage Patty
- Hard Boiled Egg
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Strawberry Cup
- Fresh Fruit

16

- Pork Sausage Patty
- Hard Boiled Egg
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Strawberry Cup
- Fresh Fruit

23

30

WEDNESDAY

3

- Banana Pancake
- Yogurt Parfait with Fruit
- Nutrigrain Bar Strawberry
- Chilled Pears
- Raisins

10

- Canadian Bacon Egg & Cheese on Croissant Roll
- Yogurt Parfait with Fruit
- Mini Orange Loaf
- Chilled Pears
- Raisins

17

- Mini Maple Waffles
- Yogurt Parfait with Fruit
- Nutrigrain Bar Strawberry
- Chilled Pears
- Raisins

24

31

THURSDAY

4

- Mini Chicken Breast Filet
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Crispy Baked Hash Browns
- Mandarin Oranges Canned
- Apple Juice

11

- Veggie Mini Slider
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Crispy Baked Hash Browns
- Apricots
- Apple Juice

18

- Mini Chicken Breast Filet
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Crispy Baked Hash Browns
- Mandarin Oranges Canned
- Apple Juice

25

FRIDAY

5

- Southwest Egg & Cheese Sliders
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Chilled Peaches
- Strawberry Flavored Cranberries

12

- Pork Sausage Pancake on a Stick
- Flavored Yogurt Cup
- Super Star Cinnamon
- Chilled Peaches
- Strawberry Flavored Cranberries

19

- Apple Cinnamon Roll
- Flavored Yogurt Cup
- Honey Wheat Biscuit
- Chilled Peaches
- Strawberry Flavored Cranberries

26

Available Daily: Jelly , Milk Variety Breakfast , Assorted Cereal Bowl

More Details: <http://browardschools.nutrislice.com/menu/elementary/breakfast/>

Layout, design & code © Nutrislice, Inc. Private and non-commercial uses permitted.

This Institution is an equal opportunity provider.



Broward County Public Schools

600 SE Third Ave | Ft. Lauderdale, FL 33301 | ☎ 754-321-0000 | 🌐 browardschools

May 2017

Lunch Prices Elementary Students : \$2.00 Middle School Students: \$2.35 High School: \$2.50 Adult: \$2.75

Elementary Schools Lunch

MONDAY

1

- Chicken Nuggets
- Grilled Cheese
- Egg & Cheese Salad
- Vegan Salad With Beans
- Belly Bear Crackers
- Tomato Soup
- Steamed Spinach
- Apricots Cups
- Fresh Fruit

8

- Rainbow Trout on Bun
- Cheese Pizza Slice
- Egg & Cheese Salad w Garden Greens
- Vegan Salad With Beans
- Fresh Baby Carrots
- Steamed Broccoli
- Chillers Frozen Fruit
- Fresh Fruit

15

- Cheesy Chicken Flat Bread
- Honey BBQ Beef Sandwich
- Egg & Cheese Salad w Garden Greens
- Vegan Salad With Beans
- Strawberry Banana Swirl Juice
- Steamed Spinach
- Apricots Cups
- Fresh Fruit

22

- Personal Pan Cheese Pizza
- Beef Teriyaki Dippers Over Brown Rice
- Tuna Salad on Bun
- Egg & Cheese Salad w Garden Greens
- Vegan Salad With Beans
- Wheat Roll
- Fresh Carrots Baby
- Steamed Broccoli
- Strawberry Cup
- Fresh Fruit

29

No School

TUESDAY

2

- Beef a Roni
- Hot Italian Sub
- Yogurt Parfait with Fruit with Cheese Stick
- Roasted Sunflower Seeds and Cheese w Garden Greens
- Vegan Salad With Beans
- Wheat Roll
- Fresh Sliced Cucumbers
- Steamed Broccoli
- Blue Raspberry Juice
- Fresh Seedless Red Grapes

9

- Chicken Filet Sandwich
- Tuna Salad on Bun
- Latin Style Black Beans w/Brown Rice
- Roasted Sunflower Seeds and Cheese w Garden Greens
- Vegan Salad With Beans
- Fresh Celery Stick
- Latin Style Black Beans
- Salsa Cup
- Green Apple Juice
- Fresh Fruit

16

- Chicken Bites
- Latin Style Black Beans w/Brown Rice
- Yogurt Parfait with Fruit
- Roasted Sunflower Seeds and Cheese w Garden Greens
- Vegan Salad With Beans
- Fresh Celery Stick
- Edamame Blend
- Salsa Cup
- Blue Raspberry Juice
- Fresh Honeydew

23

- Chicken Nuggets
- Cheeseburger Sliders
- Roasted Sunflower Seeds and Cheese w Garden Greens
- Vegan Salad With Beans
- Belly Bear Crackers
- Fresh Mini Sweet Peppers
- Waffle Sweet Potato
- Peach Juice
- Fresh Fruit

30

WEDNESDAY

3

- Hamburger
- Fish Nuggets
- Bean & Cheese Burrito
- Asian Kale Chicken Salad
- Vegan Salad With Beans
- Vegetarian Baked Beans
- Golden Potato Wedges
- Chilled Applesauce
- Fresh Fruit

10

- Beef Hot Dog on a Bun
- Cuban Sandwich
- Mandarin Chicken Salad
- Vegan Salad With Beans
- Mango Swirl Juice
- Golden Potato Smiles
- Chilled Mixed Fruit
- Watermelon Hearts

17

- Cheeseburger
- Pizza Crunchers
- Asian Kale Chicken Salad
- Vegan Salad With Beans
- Deli Roasted Potatoes
- Vegetarian Baked Beans
- Chilled Applesauce
- Fresh Fruit

24

- Macaroni and Cheese
- Jamaican Beef Patty
- Mandarin Chicken Salad
- Vegan Salad With Beans
- Fresh Sliced Cucumbers
- Collard Greens
- Chilled Mixed Fruit
- Fresh Fruit

31

THURSDAY

4

- Chicken Breaded 8 Cut
- Deli Turkey Ham and Cheese Wrap
- Chef Salad
- Vegan Salad With Beans
- Mexican Rice
- Steamed Green Beans
- Sweet Plantains
- Chilled Pineapple
- Fresh Fruit

11

- Beef Nachos w/ Cheese
- Refried Bean Nachos
- Deli Turkey Ham and Cheese Wrap
- Chef Salad
- Vegan Salad With Beans
- Steamed Corn
- Refried Beans
- Salsa Cup
- Peaches Frz Cup
- Fresh Fruit

18

- Spaghetti & Meat Sauce
- Deli Turkey Ham and Cheese Wrap
- Chef Salad
- Vegan Salad With Beans
- Wheat Roll
- Fresh Sliced Cucumbers
- Steamed Broccoli
- Chilled Pineapple
- Fresh Fruit

25

- Beef Nachos w/ Cheese
- Deli Turkey Ham and Cheese Wrap
- Latin Style Black Beans w/Brown Rice
- Chef Salad
- Vegan Salad With Beans
- Steamed Corn
- Latin Style Black Beans
- Salsa Cup
- Peaches Frz Cup
- Fresh Fruit

FRIDAY

5

- Pizza Mexican
- Chicken Empanada
- Yogurt & Sunflower Seeds Platter
- Yogurt & Cheese Platter
- Vegan Salad With Beans
- Smart Cookie Spanish & English
- Refried Beans
- Farm Fresh Corn Cobettes
- Fruit Juice Blend
- Fresh Fruit

12

- Chicken Smackers
- Mozzarella Cheese Sticks
- Deli Turkey Ham and Cheese Platter
- Yogurt & Cheese Platter
- Vegan Salad With Beans
- Chocolate Chip Crisps
- Marinara Cup
- Sweet Potato Wedges
- Farm Fresh Green Beans
- Grape Juice
- Fresh Fruit

19

- Fish Filet Sandwich
- Boneless Chicken Wings
- Yogurt & Sunflower Seeds Platter
- Yogurt & Cheese Platter
- Vegan Salad With Beans
- Heartzels
- Waffle Sweet Potato
- Farm Fresh Corn Cobettes
- Fruit Juice Blend
- Fresh Fruit

26

- Chicken Filet Sandwich
- Mozzarella Filled Pizza Stick
- Yogurt & Sunflower Seeds Platter
- Yogurt & Cheese Platter
- Vegan Salad With Beans
- Golden Potato Smiles
- Marinara Cup
- Farm Fresh Green Beans
- Grape Juice
- Fresh Fruit